



**VMFC**  
A VETERAN/MILITARY FRIENDLY CONGREGATION®

# Focus Bulletin

HOLY NAME OF JESUS PARISH – FEBRUARY 1, 2026

## Septuagesima Sunday Niedziela Siedemdziesiątnica

February 1, 2026

Rite: Pew Missal, page 63, Canon, page 84.

Entrance Hymn: V. Turn from evil and do good; seek peace and pursue it.

**R. The Lord has eyes for the just and ears for their cry.?** V. Glory be to the Father and to the Son and to the Holy Spirit. **R. As it was in the beginning, is now, and ever shall be, world without end. Amen.**

First reading: Sirach 15:15-20

Psalm: Ps 119:1-2,4-5,17-18,33-34

**R. Blessed are they who follow the law of the Lord!**

Epistle: 1 Corinthians 2:6-10

Tract: V. If you love Me, **R. you will keep My commandments.**

Gospel: Matthew 5:17-37

Intention: For all those for whom memory crosses were offered. For śp.

Louis T. Konicki.

Celebrant: Rev. Jim Konicki.

Lector: 10am, Larry Panfil.

- Matins, Blessing of Candles, Holy Mass at 10am (Contemporary Rite, Pew Missal pg. 63), Blessing of Throats.
- Coffee Hour, Annual Parish Meeting.

### Contact

#### Holy Name of Jesus

National Catholic Church, PNCC

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On the Web: [www.holynamenc.org](http://www.holynamenc.org)

### Today's Music

- Entrance: R258, When I Survey.
- Litany: Sung Ordinaries pg. 9.
- Word of God: B100, I Have No Fear.
- Offertory: B86, O My Jesus.
- Communion: Tree Of Life (instrumental).
- Communion Reflection: B155, Hallowed Be Forever.
- Recessional: B110, Cross Of Compassion.

R=Red Hymnal, B=Blue Hymnal

### +++ Reminders & Notes +++

- Please keep inviting people to meet the Lord and join in worship and fellowship.
- **Today's Schedule**: There will be only one Holy Mass today offered at 10am in light of the annual parish meeting.
- **Clothing Donations**: Thank you for your generosity. 567 items were donated.
- **Other reminders**: Chalk and incense were blessed on the Solemnity of the Epiphany. They are available for you to take home. If you wish to schedule a house blessing, please see Fr. Jim. **Official Announcement: The Annual Parish Meeting is today.**
- **YMSofR Dues for 2026 are now due**. Please see Paul with your \$12 payment if you have not done so already.
- **Thank you** to all who stayed last week and took down the trees and the rest of the Christmas decorations.
- **Today begins the Season of Pre-Lent** which leads us in a gradual preparation for Lent. There is no more Gloria or Alleluia, the Alleluia verse is replaced with a Tract. Consider what you seek to accomplish in this and the Lenten season.
- Holy Name of Jesus has been officially designated a **Veteran/Military Friendly Congregation (VMFC)**. If you would like to help with this effort, please see Fr. Jim or Paul.

We invite all who believe in the true presence of Christ in the Holy Eucharist to partake. It is our practice to distribute the Holy Eucharist, the Body and Blood of Christ, by placing the elements on the tongue, never in the hand.

*--- Do your best to present yourself to God as one approved, a worker who has no need to be ashamed ---*

*If you choose you can keep the commandments, they will save you; if you trust in God, you too shall live*

What a fantastic synopsis of our call and the promise of obedience.

We have a choice, to keep God's commandments and trust in God or to refuse Him. If we make the right choice, we are saved and secure. We have eternal life. If we do not, well the alternative is awful.

The prophet Sirach goes on with his very clear explanation of choices and outcomes: *Before man are life and death, good and evil, whichever he chooses shall be given him.*

Throughout Old Testament history God keeps appealing to His people concerning the choices they are making. This is because they were going through the motions without being internally changed. We

heard it on the first day of the year on the Solemnity of the Circumcision. *Circumcise your hearts.* Do not just rely on a merely physical change but be changed throughout.

Today we enter the Pre-Lenten season a beautiful and often forgotten time of spiritual preparation leading us toward Lent. For centuries, the Church used these weeks to slow the pace, quiet the heart, and begin reflecting on repentance, mortality, and God's mercy before the intensity of Lent begins.

This special time has been preserved in our Holy Church and serves to remind us that conversion is not rushed - it is prepared for, prayed over, and received with an open heart.

We are called to use this time to examine our lives, deepen our prayer, and allow God to prepare our hearts for the journey to our Easter lives.

In Jesus' teaching in the Sermon on the Mount, He calls us to profound change. He makes God's Law clear. It is not the mere doing of 613 things, but rather a complete conversion of self. We read Jesus' commandments and say – well that is hard.

Of course, it is hard if we are not changed people. But if we are changed, converted, and new if our faith in Christ Jesus we can do all He asks of us and do it easily. We can be reconciled, put aside our lusts, and live with integrity in all we do and say.

### Memory Verse

*Repent therefore, and turn back, that your sins may be blotted out*

**Acts 3:13**

### Time to Study God's Word

SUNDAY: Ephesians 4:22  
MONDAY: James 4:8  
TUESDAY: Acts 2:37-39  
WEDNESDAY: John 8:32  
THURSDAY: Galatians 5:16  
FRIDAY: Acts 17:30-31  
SATURDAY: Matthew 3:2

### Pray the Week:

Lord Jesus, Grant me complete conversion of heart. Place the life You offer ever before my eyes so that no temptation or distraction may place You out-of-sight. May the profound change You offer be my joy. Amen.

### PRAYER INTENTIONS

Laura Covari, Stan Podkulski, Kelly Noble, Curtis Sczepakowski, Joshua Moraski, Tom Abbot, Karen Kisch, Gregory Henderson, Theresa Ordon, Michelle Zawistowski, Susan Jones, Garry Packer, Gary & Sandra Tatlock, Fred Hendricks, Theresa, Carla, Francine, Eileen, Joyce Colson, Michael Clough, Frances Gary, Dan Crawley, Bob Chelkowski, Brian Rohan, Tom Walters, Dawn Main, Fran Muscatello, Zosia Wiczorek, Bob Giczkowski, Bishop John, Bishop Paul, Gordon Lamb, Aimee, Liz, Dorothy Morrison, Jennifer, Daniel & Julia Byrnes, Steve Snyder, Susan D'Ameco, Ed Sargalis, Chip, and all needing God's healing grace.

- All those who serve in the Armed Forces of the United States esp. Michael Angehr, Mark Collins, Patric Jones, Timothy Olsen, Charlie Prothero, Fr. Joseph Kolek, Fr. Andrew Bilinski, Fr. Andrew Tenus, Fr. Nadeem Yaqoob, Fr. Mariusz Mularczyk, and for all Veterans.
- All those in Public Service: Civil Servants, Police Officers, and Fire Fighters.
- All Active and Retired Clergy of the Holy Church.
- All Students and Teachers at Mont Pleasant Middle School
- The residents and staff of City Mission of Schenectady
- The residents and staff of Pathways.
- All members of the Civil Air Patrol.
- All who have asked for our prayers for any need or intention.

This week we pray for the people and clergy of St. Mary's parish, South Bend, IN.

Bless them, O Lord! Pobłogosław im, O Boże!

### Upcoming

- **February 1: Septuagesima Sunday. Pre-Lent Begins. Holy Mass at 10am ONLY. Lector: Larry Panfil. Annual Parish Meeting and Elections Follows.**
- February 2: Solemnity of the Presentation of our Lord. Food Pantry from 3pm until 6pm. Fr. Jim tentatively at seminary.
- February 3 – 4: Fr. Jim tentatively at seminary.
- February 5 – 6: Holy Mass at Noon.
- **February 8: Sexagesima Sunday. Holy Mass at 10am and Noon. Lector: Joe Kaczynski.**
- February 9: Food Pantry from 3pm until 6pm.
- February 10 – 13: Holy Mass at Noon.
- February 14: Commemoration of St. Valentine, Martyr.
- **February 15: Quinquagesima Sunday. Holy Mass at 10am and Noon. Lector: Lauren DeBlois.**
- February 16: President's Day. No Food Pantry.
- February 17: Holy Mass at Noon.