



VMFC
A VETERAN/MILITARY FRIENDLY CONGREGATION

Focus Bulletin

HOLY NAME OF JESUS PARISH – FEBRUARY 15, 2026

Quinquagesima Sunday

Niedziela Pięćdziesiątnicy

February 15, 2026

Rite: Pew Missal, page 63, Canon, page 84.

Entrance Hymn: V. I cry aloud to God, cry to God to hear me. **R. On the day of my distress I seek the Lord; by night my hands are raised unceasingly; I refuse to be consoled.** V. Glory be to the Father and to the Son and to the Holy Spirit. **R. As it was in the beginning, is now, and ever shall be, world without end. Amen.**

First reading: Isaiah 49:14-15

Psalm: Ps 62:2-3,6-9

R. Rest in God alone, my soul.

Epistle: 1 Corinthians 5:1-5

Tract: V. Because He is found by those who test Him not, **R. and He manifests Himself to those who do not disbelieve Him.**

Gospel: Matthew 6:24-34

Intention: For all parishioners.

Celebrant: Rev. Jim Konicki.

Lector: 10am, Lauren DeBlois.

- Matins, Holy Mass at 10am (Contemporary Rite, Pew Missal pg. 63).
- Coffee Hour / SOCL
- Holy Mass at Noon (Traditional Rite, Pew Missal pg. 15)

Contact

Holy Name of Jesus

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On the Web: www.holynamenc.org

Today's Music

- Entrance: R258, When I Survey.
- Litany: Sung Ordinaries pg. 9.
- Word of God: B100, I Have No Fear.
- Offertory: R319, Immortal, Invisible (4 verses).
- Communion: Deep Within (instrumental).
- Communion Reflection: B87, Be Merciful To Me (verses 1 and 2).
- Recessional: B110, Cross Of Compassion.

R=Red Hymnal. B=Blue Hymnal

+++ Reminders & Notes +++

- Please keep inviting people to meet the Lord and join in worship and fellowship.
- Our Pre-Lenten journey is nearly over. What is left to do in preparation. Now is the time to get it done.
- It is here!!! Lent arrives this Wednesday, Ash Wednesday. We will have two Holy Masses with the Blessing and Distribution of Ashes at Noon and 7pm. Our Lenten devotions include Stations of the Cross on Fridays at 3pm and Bitter Lamentations / Gorzkie Żale on Sundays at 3pm. Your newsletter, available today, includes suggestions for Directed Giving of foods for Lent. Leave your donations by the Mary Altar.
- Other reminders: Chalk and incense were blessed on the Solemnity of the Epiphany. They are available for you to take home. If you wish to schedule a house blessing, please see Fr. Jim. **Official Announcement: Our Annual Financial / Budget Meeting will be held March 1st. There will be only one Holy Mass that day.**
- YMSofR Dues for 2026 are now due. Please see Paul with your \$12 payment if you have not done so already.
- The Soup Pot: For operation Souper Bowl is still out. Please help in this effort.
- Holy Name of Jesus has been officially designated a Veteran/Military Friendly Congregation (VMFC). If you would like to help with this effort, please see Fr. Jim or Paul.

We invite all who believe in the true presence of Christ in the Holy Eucharist to partake. It is our practice to distribute the Holy Eucharist, the Body and Blood of Christ, by placing the elements on the tongue, never in the hand.

--- Do your best to present yourself to God as one approved, a worker who has no need to be ashamed ---

“So do not worry and say, ‘What are we to eat?’ or ‘What are we to drink?’ or ‘What are we to wear?’ All these things the pagans seek. Your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be given you besides”

As we continue in our Pre-Lenten journey of preparation let us today focus on what we worry about.

Last week I asked us to consider how we might set aside distinctions this Lent. If we free ourselves from the sins that come from focusing on distinctions, we see our clear to loving as Jesus does.

In the same way if we tie ourselves up in worrying about things from the most minuscule to those we will never change by our worry we grow distracted

from God. How could we possibly think of, focus on, or pray to God if we are tied up in knots of worry?

Why do we say, ‘knots of worry,’ or ‘my stomach is in knots?’ For this reason, worry is the way Satan ties us up in distraction from God. We end up looking down at our feet rather than seeing the God of salvation who is right before us, holding out His hand to draw us to safety.

Consider what the Psalmist is saying about where his heart is focused:

Only in God is my soul at rest; He only is my rock and my salvation, my stronghold; Only in God be at rest, my soul, With God is my safety and my glory, Trust in him at all times, O my people!

This song of trust is a

testimony of serenity that comes from firsthand witness of God’s power to rescue and is offered to teach us to trust in God.

From a practical point of view, and we have all had this experience, our worry seems silly in retrospect. We can hear ourselves saying, in various situations, ‘What was I so worried about?’

In the week ahead, let’s keep track of our worries. Make a point of writing them down. After that comes a decision. One choice would be to stare at what we have written, focusing on it, and even adding to our worry.

The right choice, take it to God. Offer it up and repeat the Psalm verse herein: *Only in God is my soul at rest*

Memory Verse

Casting all your anxieties on Him, because He cares for you.

1 Peter 5:7

Time to Study God’s Word

SUNDAY: Philippians 4:6-7
 MONDAY: John 14:27
 TUESDAY: John 14:1
 WEDNESDAY: Psalm 55:22
 THURSDAY: Romans 8:28
 FRIDAY: Matthew 11:28-30
 SATURDAY: Psalm 27:1

Pray the Week:

Lord Jesus, Grant me absolute trust in You for Your great power to save is beyond my comprehension. You bring all things to good for me. You are my salvation. Wash all my worries away. Amen.

PRAYER INTENTIONS

Laura Covari, Stan Podkulski, Kelly Noble, Curtis Sczepakowski, Joshua Moraski, Tom Abbot, Karen Kisch, Gregory Henderson, Theresa Ordon, Michelle Zawistowski, Susan Jones, Garry Packer, Gary & Sandra Tatlock, Fred Hendricks, Theresa, Carla, Francine, Eileen, Joyce Colson, Michael Clough, Frances Gary, Dan Crawley, Bob Chelkowski, Brian Rohan, Tom Walters, Dawn Main, Fran Muscatello, Zosia Wiczorek, Bob Giczkowski, Bishop John, Bishop Paul, Gordon Lamb, Aimee, Liz, Dorothy Morrison, Jennifer, Daniel & Julia Byrnes, Steve Snyder, Susan D’Ameco, Ed Sargalis, Chip, and all needing God’s healing grace.

- All those who serve in the Armed Forces of the United States esp. Michael Angehr, Mark Collins, Patric Jones, Timothy Olsen, Charlie Prothero, Fr. Joseph Kolek, Fr. Andrew Bilinski, Fr. Andrew Tenus, Fr. Nadeem Yaqoob, Fr. Mariusz Mularczyk, and for all Veterans.
- All those in Public Service: Civil Servants, Police Officers, and Fire Fighters.
- All Active and Retired Clergy of the Holy Church.
- All Students and Teachers at Mont Pleasant Middle School
- The residents and staff of City Mission of Schenectady
- The residents and staff of Pathways.
- All members of the Civil Air Patrol.
- All who have asked for our prayers for any need or intention.

This week we pray for the people and clergy of Ss. Cyril & Methodius parish, Chicago, IL.

Bless them, O Lord! Pobjogoslaw im, O Boze!

Upcoming

- **February 15: Quinquagesima Sunday. Holy Mass at 10am and Noon. Lector: Lauren DeBlois.**
- February 16: President’s Day. 73rd Anniversary of the Death of Bl. Francis Hodur. No Food Pantry.
- February 17: Holy Mass at Noon.
- **February 18: Ash Wednesday. Great and Holy Lent Begins. Holy Mass with blessing and distribution of ashes at Noon and 7pm.**
- February 19: Holy Mass at Noon.
- February 20: Stations of the Cross at 3pm.
- **February 22: 1st Sunday of Lent. Holy Mass at 10am and Noon. Lector: Larry Panfil. Bitter Lamentations / Gorzkie Zale at 3pm.**
- February 23: Food Pantry, 3pm until 6pm.
- February 24: Feast – St. Matthias, Apostle. Holy Mass at Noon.
- February 25 – 26: Holy Mass at Noon.
- February 27: Stations of the Cross at 3pm.