



**VMFC**  
A VETERAN MILITARY FRIENDLY CONGREGATION

# Focus Bulletin

HOLY NAME OF JESUS PARISH – JUNE 28, 2026

## 14th Sunday in Ordinary Time XIV Niedziela zwykła

July 5, 2026

Rite: See Program Book.

Entrance Hymn: V. You made them a kingdom and priests for our God, and they will reign on earth. **R. Your kingdom come, Your will be done, on earth as in heaven.** V. Glory be to the Father and to the Son and to the Holy Spirit. **R. As it was in the beginning, is now, and ever shall be, world without end. Amen.**

First reading: Zechariah 9:9-10

Psalm: Ps. 145:1-2,8-11,13-14

**R. I will praise your name for ever, my king and my God.**

Epistle: Romans 8:9,11-13

Gospel: Matthew 11:25-30

Intention: For all parishioners

Celebrant: Rev. Mr. Mark Kosciński.

Lector: 10am, Larry Panfil.

- Service of Worship and Holy Communion at 10am (Program Booklet).
- Coffee Hour.

### Contact

**Holy Name of Jesus**

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### Today's Music

- Pg 9, Hymn of Faith. vs 1 & 4
- Hymn to the Holy Spirit: B142, Holy Spirit.
- Offertory: R 334, We Praise Thee
- Communion Hymn: We Are The Light (instrumental).
- Post Communion: R385, Holy God.
- Recessional: R690, America the Beautiful. vs 1, 2, 4

## +++ Reminders & Notes +++

- Please keep inviting people to meet the Lord and join in worship and fellowship.
- PLEASE PRAY EACH DAY: Come Holy Spirit. Pour out Thy blessings upon our parish and the entire Church, especially considering Holy Synod this Fall.
- We welcome Rev. Mr. Mark Kosciński who will fill in for Fr. Jim today and on July 19th. Thsnk you for being here to minister to us
- **Some Saints for this Week:** Cyril & Methodius, Antony Zaccaria, Jan Hus, Elizabeth of Portugal, Killian, Ephrem the Syrian, Justus of Poland, John of Dukla, Antony & Theodosius, James of Nisbis, Pius, Olga of Kieve. May they pray for us so we may be made worthy of the promises of Christ.
- **Weeks Ahead:** Low Mass – starting this week we will have Low Mass on Sundays singing only hymns. Fr. Jim will be away for most of July. Rev. Mr. Mark Kosciński will fill in on July 5th and 19th. Please welcome him.
- **Deepest Sympathies:** To Liz, Carol, Nick, Theresa, and Mike on the passing of their dad. May his memory be eternal! Eternal rest grant unto him O Lord and may the perpetual light shine upon him! A funeral service will be held at the funeral home on Wednesday, July 29th.

**Baptized Christians who believe in the true presence of Christ in the Holy Eucharist and have prepared themselves through the Sacrament of Penance are invited to partake of this Holy Sacrament. It is the practice of the PNCC to distribute the Holy Eucharist through the method of intinction. The Body of Christ is immersed into the Precious Blood and is placed on the tongue and not in the hand of the communicant. Come and let us be one with our Lord.**

*"Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."*

We are to live faith actively, a faith that permeates every aspect of our lives.

Jesus continues to discuss those traits we are to necessarily integrate into our lives.

He begins today by praising His Heavenly Father Who provides us, His little ones with knowledge of Himself. Jesus reveals the Father to us, and He calls us, to again, actively live in relationship with Him.

St. Paul in writing to the Church at Rome, as he usually does, talks about the practicalities of active faith. He reminds us that our life is in Christ Jesus. That

means we live differently from the worldly. We do the real things that mark our lives as Christians.

What are those things? Daily prayer, Sunday worship, reading that bible – and if you don't want to get it off the bookshelf, well there's an app for that.

Those things are a start, but there is more – it is in the way we live as a community and family of faith and how we make that faith real to all those around us – through our service and work with real people, clothing the naked, feeding the hungry, just being there as a friend.

If we do that, we are taking up Jesus' yoke, we are learning from Him – and we will find that actively lived faith makes our lives

better. Our burdens are lessened; we find true rest.

St. Paul goes on to show us the alternative, the choice we have. The choice is to live worldly lives in the flesh. That for us is the struggle.

As we sit at home, drive, work, study, we can say, I am doing this for me. I am doing all I can to maximize my enjoyment and pursue all that non-stop. In doing so we tend to set God aside, put our faithful living in a box, make God something for later – and soon later becomes never. The irony is real rest never comes.

Let us then actively live every day in God and find true peace and rest.

### Memory Verse

*In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.*

**Psalm 4:8**

### Time to Study God's Word

SUN: Psalm 127:2  
 MON: Exodus 33:14  
 TUE: Psalm 37:7  
 WED: Psalm 23:1-2  
 THR: Philippians 4:6-7  
 FRI: Exodus 23:12  
 SAT: John 14:27

### Pray the Week:

Lord Jesus, in You we find true rest, the rest, peace, and ease that comes from actively living our faith. Grant that my heart's pursuit may be of You so that I may come to Your promised reward. Amen!

### PRAYER INTENTIONS

Laura Covari, Stan Podkulski, Kelly Noble, Curtis Sczepkowski, Joshua Moraski, Tom Abbot, Karen Kisch, Gregory Henderson, Theresa Ordon, Michelle Zawistowski, Susan Jones, Garry Packer, Gary & Sandra Tatlock, Fred Hendricks, Theresa, Carla, Francine, Eileen, Joyce Colson, Michael Clough, Frances Gary, Dan Crawley, Bob Chelkowski, Brian Rohan, Tom Walters, Dawn Main, Fran Muscatello, Bob Giczkowski, Bishop John, Bishop Paul, Gordon Lamb, Aimee, Liz, Dorothy Morrison, Jennifer, Steve Snyder, Susan D'Ameco, Ed Sargalis, Chip, Jacqueline Lawrence, Don Carpenter, Dewey & Barbara Rogers, Jeremy Spencer, Ross Senkins, and all needing God's healing grace.

- All those who serve in the Armed Forces of the United States esp. Michael Angehr, Mark Collins, Patric Jones, Charlie Prothero, Fr. Joseph Kolek, Fr. Andrew Bilinski, Fr. Andrew Tenus, Fr. Nadeem Yaqoob, Fr. Mariusz Mularczyk, and for all Veterans.
- All those in Public Service: Civil Servants, Police Officers, and Fire Fighters.
- All Active and Retired Clergy of the Holy Church.
- All Students and Teachers at Mont Pleasant Middle School
- The residents and staff of City Mission of Schenectady
- The residents and staff of Pathways.
- All members of the Civil Air Patrol.
- All who have asked for our prayers for any need or intention.

We pray for our entire Church as we approach Holy Synod.

Bless them, O Lord! Pobłogosław im, O Boże!

### Upcoming

- **July 5: 14th Ordinary Sunday. Service of Worship and Holy Communion at 10am ONLY. Lector: Larry Panfil.**
- July 6: Food Pantry, 3-5pm.
- July 7 – 11: Kurs Continues.
- **July 12: 15th Ordinary Sunday. Holy Mass at 10am and Noon. Lector: Lauren DeBlois.**
- July 13: Food Pantry, 3-5pm. Parish Committee Meets at 5pm.
- **July 19: 16th Ordinary Sunday. Service of Worship and Holy Communion at 10am ONLY. Lector: Joe Kaczynski.**
- July 20: Food Pantry, 3-5pm. Fr. Jim at CAP Encampment, Hancock AFB, Syracuse.
- **July 26: 17th Ordinary Sunday. Holy Mass at 10am and Noon. Lector: Larry Panfil.**
- July 27: Food Pantry, 3-5pm.
- July 29: Funeral Service for Nick Emmanuel at 11am, Demarco & Stone Funeral Home.
- **August 2: 18th Ordinary Sunday. Holy Mass at 10am and Noon. Lector: Lauren DeBlois.**